



1-844-LIFE-BAC(K) • 1-844-543-3222
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PRE-OPERATIVE INSTRUCTION SHEET

- DO NOT EAT OR DRINK after midnight, the night before surgery. (ask your doctor about any medications)
- Prior arrangements must be made for a RESPONSIBLE ADULT to drive or accompany you home after surgery. Transportation home by bus is NOT acceptable.
- Leave your jewelry at home.
- If you wear eye corrections, please leave contact lenses at home, but you may wear you glasses.
- Wear underpants or shorts.
- Wear comfortable clothing that will be easy to put on after surgery.
- Plastic Surgery - wear a shirt or dress that opens in the front
- Foot Surgery - wear wide leg pants or skirt. No toenail polish.
- Facial Surgery: please do not wear make-up.

During the first 24 hours after your surgery:

- A RESPONSIBLE ADULT MUST BE WITH YOU FOR 24 HOURS AFTER YOUR SURGERY.
- DO NOT DRIVE OR OPERATE MACHINERY.
- DO NOT DRINK ALCOHOLIC BEVERAGES.
- DO NOT MAKE IMPORTANT DECISIONS.
- DO NOT EAT LARGE OR HEAVY MEALS.

IF YOU HAVE ANY QUESTIONS ABOUT THESE INSTRUCTIONS, OR YOU HAVE FORGOTTEN TO ASK, PLEASE CALL (844) 543-3222.

A copy of these instructions has been given to the patient.
I have read and understand the above instructions.

Patient signature: _____
Date: _____ Time: _____

Witness: _____
Date: _____ Time: _____